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TITLE: NUTRITIOUS FOOD
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INVENTOR-INFORMATION:

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SUNTORY LTD	N/A

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ABSTRACT:

PURPOSE: To obtain a nutritious food containing octacosanol and an amino acid, etc., and having excellent durability, promotion of physical fitness, recovery of fatigue and relief from stress by physiological activity and nutrient effect.

CONSTITUTION: The objective nutritious food containing octacosanol and one or two or more kinds of amino acids selected from aspartic acid, glutamic acid, threonine, lysine, serine, isoleucine, leucine, methionine, cysteine, phenylalanine, tyrosine and tryptophan or salts thereof. Furthermore, these amino acids or salts thereof are preferably contained at an amount of ≥ 10 pts.wt. based on 1 pts.wt. octacosanol.

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